



## Life Coaching Journal for Tweens -This Is Sooo Me (Paperback)

By Martie Morris Lee

Martie Morris Lee, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. We were so excited to find Martie Lee s life coaching series that uniquely combines life coaching and journaling to create a powerful tool to guide all women, teen and tween girls on their life journey to empowerment. I am the executive director of an agency that serves women of all ages and teens and we are using the transformational A Journal for Women as well as the Life Coaching Journals for tweens and Teen Girls, in our programs. -Linda Lyons King, Executive Director, SafeNet This life coaching journal focuses on the positive and will guide you as you design, unleash and launch your dreams, your goals, and your potential as you become a confident and strong young woman that values and honors yourself and is SOOO you. The journal will help you stay on a lifetime path of positive self-talk and healthy self-esteem and it also includes opportunities to open journal about whatever is on your mind or in your heart. The author, Martie Morris Lee is a certified life coach and with this journal, she shares her brand...



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Positive Psychology News, United States, 2015. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What are the elements of good character? The Values in Action (VIA) project identified 24 qualities such as...



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