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By Noam Tyroler

Thai Acupressure, 2017. Paperback. Condition: New. Language: Russian . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Wat Po, This comprehensive guide includes: - 60 traditional medical formulas for the treatment of orthopedic pains - An Anatomical Atlas that demonstrates the location of 230 acupressure points - Over 200 diagrams and more than 800 photos This book will guide you step-by-step through the diagnosis and application of 60 simple, readymade traditional routines used for the treatment of the most common orthopedic ailments such as: - Headaches and facial disorders - Neck, shoulder, arm, elbow, and wrist disorders - Ankle, finger, and toe sprains - Middle back, lower back, hip, leg, and knee disorders This guide is made for you if you are a practitioner of any of the following: Thai massage, acupressure, physiotherapy, chiropractic, osteopathy, acupuncture, shiatsu, Tuina, Anma, reflexology, deep tissue massage, sport massage, and holistic/Swedish massage. This guide is also for you if you work as a personal trainer, a fitness room instructor, a Pilates trainer, or a Yoga instructor. What is Thai acupressure? It is an ancient Thai medical practice used to treat most human ailments by applying pressure on potent acupressure points and therapy lines. The practitioner...



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