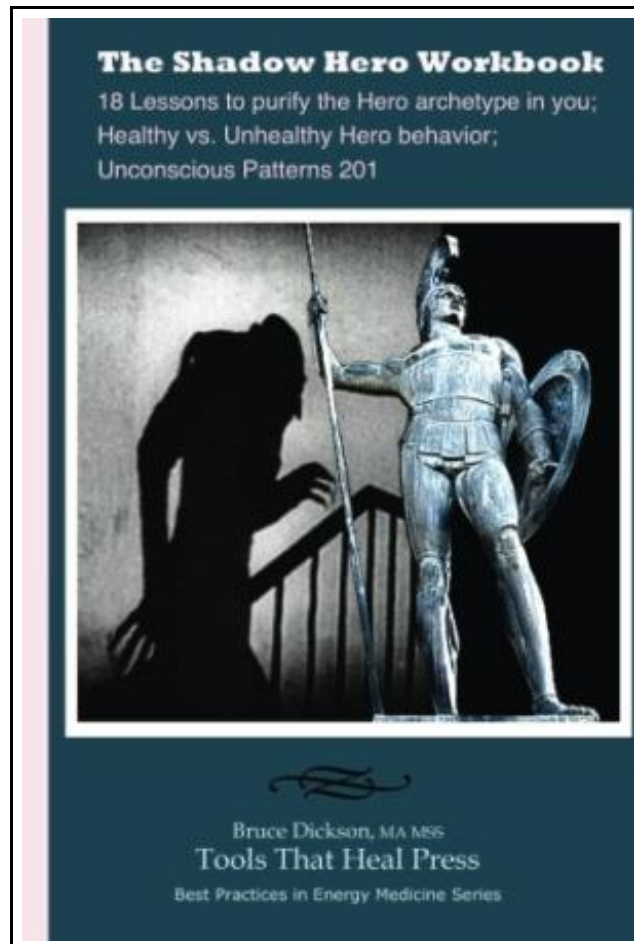


The Shadow Hero Workbook: Lessons to Purify the Hero Archetype in You; Healthy vs. Unhealthy Hero Behavior; Unconscious Patterns 201



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(Roosevelt Rohan)

THE SHADOW HERO WORKBOOK: LESSONS TO PURIFY THE HERO ARCHETYPE IN YOU; HEALTHY VS. UNHEALTHY HERO BEHAVIOR; UNCONSCIOUS PATTERNS 201



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Shadow Hero Workbook; Lessons to purify the Hero archetype in you; Healthy vs. Unhealthy Hero behavior; Unconscious Patterns 201 (38 pages original material on this topic) Is there anyone NOT purifying their gifts and talents from Shadow Hero behaviors? Possibly the first book in Hero Archetype literature attempting systematic access to disturbed sub- and unconscious Hero patterns; along with, therapeutic directions for resolving them. 18 short lessons designed to increase awareness of dysfunctional Hero patterns. 18 categories of functional and dysfunctional hero behavior are outlined. Therapeutic direction are suggested to clear each, using any method of your own choosing. NOT another Hero story. NOT a rehash of Campbell s hero cycle. The Workbook is stages of the Hero s cycle re-arranged by psychological category, as possible to do. Surprisingly, the lens of the Shadow Hero metaphor, enables us to to view most human problems. Virtually all of our modern problems can be discerned thru this lens. The moral and ethical shortcomings of Wall Street s culture of greed are wholly Shadow Hero behaviors. The American Dream; and, Horatio Alger rags to riches, are heroic myths. The Shadow Hero lens lays bare what needs purifying in our behavior based on these archetypes. Let s be willing to be more aware and work on them in our spare time. That s all we can do. I recommend working thru no more than one lesson per day on your self. Remember, as Arthur Clarke said, focusing on pathological behavior to an excessive degree, is pathological in itself. The returning Prodigal Son focuses on being back in the Home of his Father and how that wonderful this will be. All shadow...

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